



**The Amelia Center's 5<sup>th</sup> Annual  
Spring Bereavement Workshop  
Featured Presenter: Robert Brooks, Ph.D.**

**Raising Resilient Children in the Shadow of Loss**

Friday, April 30, 2010

Location: Shades Mountain Baptist Church- Fellowship Hall  
2017 Columbiana Road  
Birmingham, Alabama 35216

Cost: \$85 Early Registration (\$95 if postmarked after April 15<sup>th</sup>) Includes Lunch

Continuing Education Credit (6 Hours) Provided for Counselors (NBCC Provider #6193)  
AL Social Workers Provider #0354 Exp. 10/31/2010  
RNs and LPNs may submit AL Social Worker Approved Hours for Credit  
Others May Apply for Credit Through Their Accreditation Boards  
All Participants will receive a certificate of attendance at the end of the presentation.

**REGISTRATION FORM**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Required: You will receive a confirmation via email.

Lunch Preference:  Chicken Salad Sandwich  Turkey Sandwich  
Please indicate any other special dietary request. \_\_\_\_\_

Check Made Payable To "The Amelia Center"

Credit Card

(Please call (205) 251-3430 and speak to Patricia Murphree to pay by Credit Card)

Mail Registration Form to:

The Amelia Center  
1513 Fourth Avenue South  
Birmingham, AL 35233

Questions?

Call The Amelia Center (205) 251-3430.

## **About Our Presenter**

Dr. Robert Brooks has lectured nationally and internationally to audiences of parents, educators, mental health professionals, and business people on topics pertaining to motivation, resilience, self-esteem, family relationships, the qualities of effective leaders and executives, and balancing our personal and professional lives. He has also written extensively about these topics. He is the author of a book titled *The Self-Esteem Teacher* and co-author with Dr. Sam Goldstein of the following books: *Raising Resilient Children*; *Nurturing Resilience in Our Children: Answers to the Most Important Parenting Questions*; *Seven Steps to Help Your Child Worry Less* (with Kristy Hagar); *Angry Children, Worried Parents: Seven Steps to Help Families Manage Anger* (with Sharon Weiss); *Seven Steps to Improve Your Child's Social Skills* (with Kristy Hagar); *Understanding and Managing Children's Classroom Behavior: Creating Sustainable, Resilient Classrooms*; *The Power of Resilience: Achieving Balance, Confidence, and Personal Strength in Your Life* (the latter focuses on resilience in adults); and *Raising a Self-Disciplined Child: Help Your Child Become More Responsible, Confident, and Resilient*. In addition, Dr. Brooks is co-author of a book with Drs. Mel Levine and Jack Shonkoff titled *A Pediatric Approach to Learning Disorders* and has written a sex education book for the young child called *So That's How I Was Born!* Drs. Brooks and Goldstein co-edited a textbook titled *Handbook of Resilience in Children*; they also prepared a parenting video and curriculum about resilience and have produced a documentary "Tough Times, Resilient Kids" that was a finalist in the 23rd Telly Awards.

Dr. Brooks received his doctorate in clinical psychology from Clark University and did additional training at the University of Colorado Medical School. He is on the faculty of Harvard Medical School and has served as Director of the Department of Psychology at McLean Hospital, a private psychiatric hospital. His first position at McLean Hospital was as principal of the school in the locked door unit of the child and adolescent program. He has a part-time private practice in which he sees children, adolescents, adults, and families and has appeared regularly on television shows in the Boston area as well as on national cable television. He completed a videotape and educational guide for PBS titled "Look What You've Done! Stories of Hope and Resilience" that focuses on self-esteem and resilience in children with special needs and participated in the production of two videotapes by Sunburst Communications, one about parenting children with learning and attentional problems and the other about developing responsibility in children.

Dr. Brooks received a Gubernatorial Award for Distinguished Public Service for his work with the Governor's Alliance Against Drugs; as part of his contribution to the Alliance, he co-authored a pamphlet for parents about talking with children and adolescents about drugs. Dr. Brooks also received "Hall of Fame" awards from both CH.A.D.D. (Children and Adults with Attention Deficit Disorders) and the Connecticut Association for Children with Learning Disabilities for his work with special needs children and adolescents, a Special Recognition and Media Award from the Massachusetts Psychological Association, the Friends of Family Award from the Family Place, MA and the Mandy Overton Award from St. David's Child Development and Family Services, Minnetonka, MN for his work on behalf of children and families, The Lifetime Achievement Award from the Prentice School in Santa Ana, CA for his efforts on behalf of students with learning differences, the Distinguished Leadership Award from Learning Disabilities Worldwide in recognition of his contributions and commitment to the field of learning disabilities, and the Outstanding Educator Award for Mental Health Education from the New England Educational Institute, Pittsfield, MA. In addition, Dr. Brooks has served as a consultant to Sesame Street Parents Magazine.

## **Cancelation Policy**

Registrants who notify The Amelia Center in writing of their cancellation on or before the early registration deadline date will receive a 100% refund of the registration fee. Those who cancel after the early registration deadline, but before the workshop date will pay 50% of the registration fee. Organizations may send a substitute attendee if the original registrant is unable to attend. No refunds will be issued on or following the workshop date.